

#### PRESIDENT'S REPORT by Jim Buysee

Happy Valentine's Day to all! Special thanks to all of the shareholders who voted and elected our two new board members, Sam Bouchlas and Shelia Delson. Welcome aboard to them and to a third member who will be appointed to the board to fulfill the rest of Marion Stark's term. I would like to thank Jim Connors and Marion Stark for their time and effort on the board.

As we start having our various activities it's pleasant to see all of the Ocean Resorts' family back and enjoying such. The Western Dance was enjoyed by over 200 people who danced to the music of Whiskey Six.

Please be kind and respectful to each other and the staff while you enjoy the rest of your stay.



Maria, Becky and Luann at the Annual Meeting

### GETTING INVOLVED IN COMMUNITY ACTIVITIES by Mary Dombro

We have several committees at Ocean Resorts that provide numerous activities and fundraisers for the enjoyment of all its residents. All these committees then donate back to the park in one form or another. These donations help to offset the quarterly fees sent to the shareholders.

Unfortunately, some committees are decreasing in membership. It may be due to aging of current members, declining health issues, or other legitimate reasons. We all have interests. Look on our front Post Office bulletin board for the name of a committee that might interest you. Check the time and date of a committee meeting. Sit in on one of the meetings and observe the behavior of its members. Are they friendly and welcoming? Do they have a strong chairperson? Do they care about what they do? Do they ask for input from the members and pay attention to it?

Whether you make that decision to join a committee or not, please continue to volunteer your time and talent. As a committee chair and member of several committees, I am very grateful for the number of volunteers that we do have at Ocean Resorts. Otherwise, some of these projects and activities would no longer take place.

Please consider joining a committee to keep them alive and prospering.

### MEET THE CANDIDATES by Bill Howe

On 1-20-2023 five candidates met for a question and answer time with nearly 75 OR residents in attendance. Sheila Delson, Sam Bouchlas, John Vollmer, Joe May and Jim Thorpe were the candidates in attendance.

The meeting was narrated by Donna Comolli. It lasted just over an hour and a half with candidates discussing topics such as the support for Board decisions, living accommodations on "stilts" to offer flood protection, use of the property (an island, actually) that OR owns in the inter-coastal, clarification on the OR By-laws, the storage area/dog run area and others. The election was held February 4th during the annual Shareholder's meeting at 2:00 PM at the Pavilion. Shareholders were encouraged to vote before 2:00 PM that day either by ballot or electronically via email.

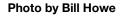
### **ELECTION RESULTS** By Donna Comolli, Election Chairperson

Our Annual Meeting was held on Saturday, Feb. 4th. The results of the Board of Directors' election is as follows: Sam Bouchlas- 151, Sheila Delson- 108, John Vollmer- 92, Joe May-76 and Jim Thorpe- 75 votes.

Sam and Sheila will fill the two vacancies, and the new Board will appoint the third opening which happened due to a resignation in December after the election mailings had been sent out.

The elevator vote was 262 to remove them, and 11 to replace them. We had 105 paper ballots and 170 electronic ballots, for a total of 275 ballots. If you want to sign up for electronic voting, call the office. It is very easy to do and saves us money!

A big thank you to the committee; Cathy Moon, Mary Dombro, Joan Foley, Kathy Jankvoic, Barbara Lindke and Sue Ertel.





L-R: Sheila Delson, Sam Bouchlas, John Vollmer, Joe May and Jim Thorpe

## **NEW BOARD MEMBERS:**



### Sam Bouchlas

Sheila Delson



# WATER COLOR CLASS by Barb Harding

I'd like to thank everyone who came out to learn some of the basics of watercolor painting. It was lots of fun going over various techniques then applying them to a painting at the end of the session. Talented folks all around.

Back Row: Carol Ianiro, Dominik Sweet Valenti, Monica Valenti, Tassy Davis, Jeanie Fiorini Middle Row: Nancy White Front Row: Casey Sweet Valenti, Candy Terch

## WELCOME NEW SHAREHOLDERS!!

It was announced that we have 22 new shareholders this season. Two new shareholder couples who attended the Annual Shareholder's meeting are:



L-R:

Dana and Denise Smith on Compass Cove from PA

Peggy and Michael Weinstein on Pirates Cove from PA





Article by Bill Howe

### Anita and Vince D'Ambrosio's Beach Wedding

This past January (1/29/2023) Vince and Anita D'Ambrosio celebrated their 23rd Wedding Anniversary. You ask, "How can that be? I thought they were married 58 years ago!" Well, there is an interesting story behind this.

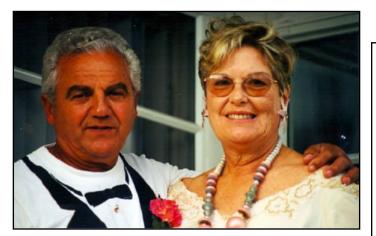
Back in 1964 Vince and Anita eloped to Mexico to get married. No family, no friends, just the two of them found their way into the equivalent of an American Courthouse where they found a civil official willing and able to marry them. It was a typical clerical office building where they were pronounced "Man and Wife" in Spanish, by some man of unknown title. Neither Vince nor Anita spoke Spanish and Anita jokes that she was not sure whether they were "legally married or if they bought a fishing license" with all the clerical people pounding on typewriters around them. It was just the two of them as the only English-speaking people in the room. Once "married", Anita and Vince were off to Acapulco for a honeymoon.



Meanwhile, through the years, they mused whether they were really recognized as married under US laws. Briefly researched, they discovered that they were, in fact, legally married. However, Anita initiated the idea that a beach second-wedding at OR would be a novel idea and fun for their friends. The idea grew and even Vince eventually agreed to the idea.

January 29, 2000, on the Ocean Resorts beach, Anita and Vince were "remarried" in a mock ceremony with mostly OR friends and family taking part as witnesses, complete with10 bridesmaids, and a groomsman. Anita says that this celebration was "just for fun" and everyone had a "blast". Anita adds that she had one strict rule...this was to be a "tacky wedding celebration" and no serious formal wedding attire was allowed. Most participants shopped at local 2nd hand stores. Anita's handmade gown cost her \$25.00 and Vince wore a fake tuxedo and carried a symbolic ball and chain.







Anita and Vince in 2023 - Looking Good!!

The Justice of the Peace was part played by Elinore Thompson and her mother by Polly Mansell. Vince's "Best Man" was cast by Jack Bradish. Anita adds that the recessional music was, "When the Saints Come Marching In," and the recessional was, "Back in The Saddle Again."



The beach was windy with a light drizzle, so the reception was moved into Polly Mansell's home where the celebration continued with champagne and pizza for all. The happy couple were presented with many pretty much worthless "wedding gifts" that reflected the tackiness and humor that the "newlyweds" insisted on from their guests.

## MAHJONG by Elizabeth Flaherty

Mahjong just keeps getting better and better! We're having so much fun that we've added another night!!

Come and join us on Monday night at 6:30, or Wednesday at the deck on the Club House at 12:30 OR Thursday Night at 6:30!

Great friendships to be made. We'll give lessons if you need them. What more could you ask for!!

Hope to see you there.



"The OR Guys", are putting feelers out to see if there is enough interest to start the Men's "Morning Coffee Group" once again.

We are going to try

for Tuesday, Wednesday and Thursday at 7:30 at the Game Room behind the office.

Look for a sign up sheet at the Post Office if you're interested.

Have a cup of coffee, meet new friends and solve the world problems, all at once!



Photo by Kathy Jankovic

### NEW STAFF! KIM FREEMAN by Kathy Jankovic

The newest member of the Ocean Resorts staff is Kim Freeman. She joined the OR staff in August of 2022. Kim is a coal miner's daughter, born in Indiana but raised in Kentucky. Kim's "Mamaw" and "Papaw" are credited for creating her caring personality and strong work ethic.

Kim discovered OR on the website, INDEED. She likes to clean and organize, which is a big a plus for our community. The OR people and dogs "are a plus" of her job.

Kim's outside interests include hanging with friends and Harley motorcycle riding with her boyfriend. She also likes to fish and water paddle board. Kim has 2 rescue cats, Sol & Luna (the sun & moon). Yellow & blue are Kim's favorite colors. She likes chocolate ice cream. Order anything on a

pizza, but hold anchovies or pineapple. Her sinful food is "sushi, the real kind!" A dream vacation would be in Fiji staying in a tiki hut over the water and Kim would be listening to country music.

As Kim crosses the causeway bridge each morning she says, "I'm happy to be in paradise. It's one of the nicest places to be", especially when she sees the manatees and dolphins. Kim's smile, positive attitude, helpfulness and caring heart make her an asset to the OR community. Although she's always busily working, she makes time to give everyone a big smile and a friendly hello. Kim brings sunshine to OR by the kindnesses she shows each day. When you see Kim, remember to thank her for keeping OR the paradise that it is.

All Aboard for the 2023 Ocean Resorts Indian River Lagoon Wildlife Boat Tour!! The Monday, February 20 Indian River Lagoon Wildlife Boat Tour is SOLD OUT!! Board the boat at 10:00 AM and leave the dock at 10:30. We will return to the dock at 12:00 noon. (Rain date - February 21)

A second trip has been scheduled for March 13. A sign-up sheet is in the Post Office. Tickets are \$20.00 per person and we can accommodate up to 40 people. This is a special Ocean Resorts price.

Chop Lege is a wonderful and informative captain of a large pontoon boat, the Emille. We will learn many things about the Indian River environment and about our very own Ocean Resorts' property. We had 3 excursions last year and all had a wonderful time.



Call the Asset Land Advisory Committee project environmental education team leader, John Hudspeth, if you have questions. 336-280-1171

The boat location is at the Fort Pierce marina, 1 Avenue A. You can park at the Farmer's Market parking lot and head straight towards the right side of Crabby's Restaurant to the ramp at the water.

# **ART IN THE PARK**

### By Kathy Jankovic

The 2023 session has begun with exciting new projects. Look for the calendar of events on the outside of the post office. A sign up sheet will be inside the post office and will give details about supplies, costs, and class size, if any. Class size is usually limited.

Participants MUST sign up because each leader wants to have enough supplies for each person. Since class sizes are limited, there is often a wait list. When you don't call to let us know you're unable to attend, that means we can't contact persons on the wait list. If you are unable to attend, please contact Allison Alvandian (1-203/887-0290) or Kathy Jankovic (1-312/350-5298).

All sessions are held at the clubhouse on Mondays from 10:30-12:30.

### SCHEDULE (Subject to change)

#### FEBRUARY

6 - Ocean Resorts Apron and Make a Valentine's card to send to a Veteran -Sharon English
13 - Ocean Resorts Week - Session canceled
20 - St. Patrick's Day Shamrock Decoration - Kathy Rohe
27 - Cooking with Nancy Clement - TBA

### MARCH

- 6 Character Beaded key chain- Gail Anderson
- **13** TBA Christine Unger
- 20 Leis for the Luau Sue Ertel
- **27** Easy Fajitas (demo and dinner prep) Kathy Jankovic

The Art in the Park Show & Craft Sale will be held at the pavilion on Sunday, March 19 from 12:00 - 2:00 pm.



### ACTIVITIES COMMITTEE by Sue Ertel



We started the new year with a Wine Pairing on January 6. Our resident chef, Nancy Clement, with her husband, Michel, entertained and

served a group of 36 participants. "Blind" wine tasting with two luscious appetizers, Glazed Chicken Lollipops with Tzatziki and Steak Tartare were enjoyed by all. Thank you to Barb Harding for chairing this event.



Along with the monthly Hot Dog/Hamburger Roast on January 18, we brought back the Flea Market - renaming it "The Flea and Craft Market". Fourteen tables were rented out at \$5.00 per table. There was very positive feedback from the table renters and we will most likely do this again next year. The lunch event was so well attended, that we ran out of food! We will be revising our shopping list for February! Thank you to Janice Sheehan and Barb Harding for chairing this event.

The Annual Poker Run was held on January 26. Fifty-two teams traveled up and down the streets of OR, either by walking or riding bicycles and golf carts, in search of the 5 stations where they had to perform a crazy task to earn their playing cards. Everyone returned



to the Pavilion for a Happy Hour and to await the announcement of the winning team. This year's winning team included Evert Eklund and Ken Radulski.

Many of the prize winners generously donated their winnings back to the Activities Committee! Thank you to Pam Reyer for chairing this event.

The Activities Committee is planning many fun events for February. The Annual "I Love Ocean Resorts Week" will begin with The Ice Cream Social at 1:00 on Saturday, February 11. Come on down to the Pavilion and enjoy a delicious Sundae with many different toppings. On February 13, we are planning a Valentines Day Brunch to be held at Cobb's Landing in Ft. Pierce. Watch for ticket sales at the PO starting on February 3. And finally, on February 15 we will be having our monthly Hot Dog/Hamburger Roast.



Thank you to all of our wonderful volunteers. Without them, these events could not take place. Keep on supporting the OR Activities Committee!



Tuesday night Bingo started on January 10th. There have been between 36-43 attendees. The popular "Pickle Jar" has returned. Each week everyone throws in 25 cents and the jar now has a total of \$69.50. The winning player needs to get



Bingo on the chosen numbered card. Thank you to Barb Connors for chairing this event. Also thank you to the callers, Kathy Jankovic, Annette Young and to Gloria Almeida for her help with the "Pickle Jar". And a big Thank You to

everyone who comes out and supports this event!



Photos by Jim Thorpe



### BEAUTIFICATION COMMITTEE by Mary Dombro

Our committee is currently making plans for our annual **chicken barbecue**, which will be held on **Saturday**, **February 25th**. Seating will take place outdoors, around the pavilion area, from 3-7 p.m. Music and dancing will occur in the pavilion.

Andy Taylor visited Ocean Resorts last spring and entertained our residents with his musical talent. He was very



Photo by Barb Goodman

well received and many requested him to return. He has agreed to revisit Ocean Resorts and provide the entertainment for the barbecue. I am sure you will enjoy his performance.

Tickets will go on sale beginning Thursday, February 16th, at the Post Office, from 12:00-2:00 p.m. For our barbecue to be a success, we could use additional volunteers to help us. A sign-up sheet will be available inside the Post Office for various areas of need during the second week of February. Thank you, in advance, for your assistance.

### SOCIAL COMMITTEE by Donna Comolli

#### Western Dance

A great time was had by all at the Western Dance held January 28th! We had typical cowboy fare of beef hot dogs, baked beans, coleslaw, sauerkraut and delicious desserts!! We danced away to the 5 piece band of Whiskey Six (one was missing)!! We had quite a few great western outfits, with lots of denim, bandanas, cowboy hats and boots! We also had an appearance from the local sheriff with his black Stetson, vest, boots and badge!!

A big thank you to the Social Committee who made it all happen; Joan Foley, Mary Dombro, Joan Naylor, Tanya McKewon, Cibby Gardiner, Mindy Cline, Amanda Rader, Sue Giebel, Pina Dyer and Carmel Jolly.

The Luau is next month, March 25th, so get your Hawaiian outfits ready!!











Photos by Connie Hay and Barb Goodman

# OCEAN RESORTS CO-OP RECYCLE/TRASH PROCESS By Jim Thorpe

I know, you are saying, "not another lecture on how to set our our trash and recyclables". Not a lecture.....a request!! Our trash and recycling are being done in the least expensive way for the co-op. How much cheaper could it possible get than having **volunteers** with our own trash truck picking up the trash? Unfortunately, the county landfill has regulations that must be followed and we have some of our own regulations to make it a smoother operation for the volunteers.



It is shareholders' responsibility to ensure that renters follow the process as well. We have many states and different countries represented at Ocean Resorts, which means there are many variations of processes involved for how trash and recyclables could possibly be done. We **all** need to do it St. Lucie County and Ocean Resorts way, however. So, once again, the process will be explained.

# TRASH Recyclables Both

### TRASH AND RECYCLABLES MUST BE PLACED IN A SEALED CONTAINER

**TRASH ONLY PICK-UP:** Monday, Wednesday and Friday **RECYCLABLE:** Bi-Weekly on Tuesday

**UNACCEPTABLE TRASH ITEMS:** tires, appliances, furniture items, construction debris, etc. **GENERAL RECYCLABLES:** newspapers, magazines, office paper, pizza boxes, tissue boxes, phone books, card-board boxes (broken down), file folders, aluminum foil, milk jugs, rigid plastic, paper bags, etc.

# NO PLASTIC SHOPPING BAGS WHATSOEVER. PLEASE DO NOT PUT RECYCLABLES IN PLASTIC TRASH BAGS - THEY JAM UP THE RECYCLE MACHINE EQUIPMENT .

**DO NOT RECYCLE:** hoses, rubber items, pyrex cookware, styrofoam, etc. **BRUSH:** Picked-up on Mondays; must be placed at the curbside in bags or boxes.

For a complete list of recyclables/trash, please stop by the office.

**Hello from the Marina, -** The OR Fishing Tournament is happening the entire month of February and you can sign up at any time to join the fun. It's only \$15 to enter and the money goes to the FishingTournament Awards Ceremony and Hot Dog Roast on Sunday March 5 (with free beer!!!) and to support the OR Marina.

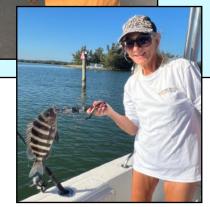
Contact Peter Hartl 772 766-9465 or Greg Finkel 863 532-5012 to sign up. Check out who caught what, and who's in the lead at the Fish Catch weigh-in board posted on the marina shed.

The fishing is good this month with plenty of Spanish Mackerel and Snapper on the shallow offshore reefs. The river has also shown good size Sea Trout and Pompano along with Jacks and Ladyfish. The beach fishing has

been slow with the lack of sand fleas and the bait pods staying out of casting range.

See you on the water. Andy Stanish Dockmaster Photos by Barb Harding











SPAGHETTI DINNER SUCCESS!! - Over 200 meals served!

Photos by Bill Howe





### CARING HEARTS by Deb Feehan

Caring Hearts is a group who gets together to make hats and blankets for the preemies at Lawnwood Hospital. We meet Fridays from 10:30 - 11:30 in the clubhouse where we knit, crochet or make fleece blankets. We have supplies to make the fleece blankets or you can bring your own fleece (1 1/8 yard). So far this year, our members have made 70 hats, 5 knitted blankets and 18 fleece blankets. We hope to see you on any Friday.





### NEW AIR SERVICE AT VERO BEACH MUNICIPAL AIRPORT



**Article by Jim Thorpe** 

Breeze Airline Airbus A220-300,(tail number N216BZ) being maneuvered to depart Vero Beach Municipal Airport by airport personal after her maiden voyage in from Bradley International Airport (BDL), Windsor Lock, CT.

We had a pleasant surprise on February 2, 2023 while dining with friends at CJ Cannon Restaurant at the Vero Beach Municipal Airport (which, by the way, is a excellent restaurant). We noticed that a rather large group of people gathering in the court yard outside the restaurant. When I say a large group, I'm talking about 150 to 175 people.

As we were discussing the size of the crowd, a couple dining in front of us overheard the conversation and advised us that the reason for the crowd was to watch Breeze Airline make it's first flight into Vero Beach Municipal Airport . The local citizens were super excited that a major airline was going to be making regular flights in and out of their airport again.

Breeze Airline Airbus A220-300, (tail number N216BZ) landed at 6:20 PM with 120

passengers. The plane seats 160, so it was not a bad first flight. The flight originated at Bradley International Airport in Windsor Locks, CT.

This is also great news for us at **Ocean Resorts** as well. A lot of us have been traveling to West Palm Beach, Sanford and Orlando Airports when we travel back and forth from home to here. Hopefully many of us will be able to utilize this new service as well in the future.

The flight prices are very reasonable as well. I looked up a flight back to NY and found out I could fly to Westchester, NY Airport for \$59.00. Just be careful around the peak times though because prices jump up a lot like all other airlines.

### Pool News - Making a Splash

With the warm temperatures and sunny days residents and their visitors are making the pool a popular, busy place. Here are some things you may want to know about our wonderful amenity.

Lap swim is scheduled daily from 8:00-9:00 a.m. The palm-decorated, black storage containers near the north shower contain lane lines for your convenience. Because there are no markings on the pool, these lines are a



Photo by Nancy Provance

help to aid swimmers. It's easy to place the lane lines in the pool. The only "rule" for using them is to take them down and return them to the storage bin when you are done. They may be used any time the pool isn't busy. The only exception is from 9:00-10:00 a.m. during exercise class.



Photo by Barb Goodman

As a courtesy to lap swimmers we ask those who come early to exercise class to wait on the stairs so those swimming laps can swim without interference as they make their turns at the wall. A swimmer's timing is thrown off when they try to maneuver around those who are standing. Water exercise class is scheduled daily from 9:00-10:00 a.m. Please plan your schedule accordingly so you don't need to wait to get into the pool before lap swim is over.

UMBRELLAS- The board has graciously provided us with umbrellas the past 2 years. In the past if you wanted an umbrella you needed to bring your own. We kindly ask you to CLOSE an umbrella EACH and EVERY TIME you use one. If it's windy, please keep the umbrellas closed. Wind damage is the #1 cause for broken umbrellas. The budget \$\$\$\$ for umbrellas is limited.

### GENTLE SAFETY & SANITATION REMINDERS:

- 1. No glass in the pool area.
- 2. Only bottled water is allowed at the pool ledge (Florida law).
- 3. Keep the gates closed.
- 4. Refrain from standing on the depth line.
- 5. All persons must shower before they use the pool.

A FINAL NOTE: The pool temperature has been consistently between 85-87 degrees. Pool water seems colder when your body is hot. The water temperature doesn't vary much but your body temperature does as the weather warms up. When you move around a bit it will help warm you as your body gets accustomed to the water.



Photo by Barb Goodman



# "SAFETY FIRST"

First, we need to send out our prayers to those involved and say "thank you" to our first responders related to the following article that I was able to find on the internet.

Article by Jim Thorpe



A 73-year-old man riding a bicycle died after being struck by a minivan on State Road A1A about 5 miles north of the Fort Pierce city limits Friday afternoon, the Florida Highway Patrol said. The crash was reported at 11:14 a.m. at Avalon State Park. The man from Brighton, Mich., was declared dead at the scene. The bicyclist was traveling north on A1A in the northbound bicycle lane. A 2008 Honda Odyssey minivan driven by an 80– year-old woman from Concord, N.H., was traveling north on the road approaching the bicyclist. For reasons still under investigation, the bicyclist entered the northbound travel lane as the minivan was

approaching, FHP said. The front of the vehicle hit the left side of the bicyclist. He was projected from the bike and came to final rest in the northbound bicycle lane, facing northeast. The man was declared dead by St. Lucie County Fire District personnel. North and Southbound A1A in the area were closed during the investigation.

It's a sad way to end your winter season for all involved in this incident. This happened right here pretty much outside our entrance/exit gate. It lets us know that we have to think about safety in all directions. Meaning that many of us take walks, jogs and bicycle rides along this very area that this tragedy occurred. We need to be observant of traveling traffic in both defensive and offensive mode.

In walking, jogging and bicycling, we need to keep our eyes and ears alert, watching the traffic to make sure a vehicle doesn't sway over into the bicycle path and even onto the sidewalk areas for any unknown reason(s). As a driver of a vehicle, we need to keep our eyes and ears on the walkers, joggers and bicyclists. Why? We all, for the most part, are in our golden years (some more than others). As we age, our eye sight may not be the best, our reflexes not as quick as they used to be, and our balance is not the same as it was in our younger years. If you are driving a vehicle, slow down and move over if possible. Give the cyclist, walker or jogger extra room in case they need it. The bicyclist, walker or jogger may come upon an obstacle in the path and when they go around it they may sway out into the vehicle's path.

Now I'm not putting any judgement into the reason of the above incident on either party. I am just trying to keep us all focused on safety in the offensive and defensive mode so that we don't have this occurrence repeated.

### NATURE AT OR by Linda Smolarek



#### Black Vultures...ewww....or not?

All of us have seen them along A1A, a flock of Black Vultures sunning themselves on old dead tree snags. Maybe it's time to introduce our neighbors. Vultures have long been perceived as loathsome creatures because of their repulsive feeding habits. While the sight of them dragging a road kill off the highway is 'yucky', vultures provide a link in the chain of life, everyone needs a clean-up guy.

Black vultures are common in our area and widespread from Northeastern United States to Central America and Peru. They wear black plumage, have featherless gray-black head and neck, and a short-hooked beak. The wingspan can be over 4 ½ feet. Vultures are part of nature's clean-up crew. They rid the landscape of deteriorating carcasses and help curb the spread of diseases and bacteria. Their stomachs have strong enzymes that kill off dangerous toxins and microorganisms.

Mating black vultures can remain together reusing a successful nesting site for many years. Both male and female parents take turns incubating their eggs. And they can live up to twenty-five years having few natural predators. Black vultures usually feed together in large groups, and when startled, a black vulture may regurgitate partially digested food to discourage predators and lessen it's weight for flight. They do have some peculiar habits including urinating on their own legs to increase evaporative cooling in the hot summer months.

Black vultures are good at finding "thermals" which they use in soaring to higher elevations. They are visual hunters and watch from above rather than hunt by scent.

So next time we see them cruising along on the thermals instead of saying, yuck, maybe try, "what an interesting creature".



### YOGA by Nancy Wilder

I am so impressed with all the yoga practitioners at O.R. The second week of classes found us bursting at the seams. The clubhouse glass doors were opened and mats were placed on the deck. Our impromptu outside yoga received great reviews. Things have slowed down a bit so for those of you who are still a bit hesitant about starting yoga, give it a try.

The first portion of the class is stretching and warming up the body. We spend time on our neck, shoulders and arms. We wiggle and stretch our fingers and toes. We let our arms swing like we were little kids again. We go up and down and around on our feet, waking them up and sending a bit of a foot massage to them. Balance is also a big component of yoga, but a chair by your side is always available for the wobbly. And there is also emphasis on strengthening those leg muscles. Not one of us wants to be unable to get up from a seated position and/or up from the floor. We'll be there to welcome you on Tuesdays and Thursdays at 10am in the clubhouse.

# COURTS' COMMITTEE NEWS

Photo by Bill Howe



### **TENNIS** by Bill Howe

The 2023 Mixed Doubles tennis tournament was held Saturday and Sunday January 21 and 22. There were thirty-two entries making 16 teams. The elimination rounds were held Saturday under clear but hot and humid conditions. The semi-finals and finals were held Sunday afternoon.

Bill Howe and Tanya McKewon lost to Denny Marginet and Connie Hay while Cibby Gardiner and Michael Koenigsknecht lost to Karen Howe and Peter Hartl in their semi-final bracket. With the final game played

fifteen minutes later, Marginet and Hay defeated Hartyl and Howe in a close contest. **Denny and Connie are the 2023 Mixed Double Champions.** 

### PICKLE BALL by Barb Goodman

The first ever Pickle Ball tournament was held at the Ocean Resorts Courts on Monday and Tuesday, February 6 and 7. Monday night eliminations rounds were held with 24 entries making 12 teams. The semifinal, consolation match and finals were held on Tuesday. A wonderful crowd cheered on the participants throughout the tournament - THANKS for coming!!

Tom Hamre and Barb Goodman lost to Bill Jacobson and Barb Harding while Bob Obidzinski and Margaret Ticknor lost to John Provance and Joan Fair in



Photo by Bill Howe

the semi-finals. Provance and Fair went on beat Jacobson and Harding in the finals match. John and Joan are the 2023 Pickle Ball Champions!!



### PANCAKE BREAKFAST by Donna Comolli

The Pancake Breakfast is coming up on **Tuesday**, **February 28th**, **from 7:30-9:30am**. The menu consists of pancakes, sausage, orange juice, coffee and tea. Tickets are \$7.00. Take out is also available. We will have a 50/50 raffle too. Come up and enjoy our wonderful pancakes!!!

Sponsored by the Courts Committee



Eloise - Photo by Barb Lindke

play group and the dog play area on Compass Cove is always busy. I am grateful to the people who are suppling the tennis balls and water bowls. We are also blessed with the walkers who carry treats for the dogs (You know who you are and every dog knows what's in your pocket).



In order to keep us happy, healthy and safe, please monitor

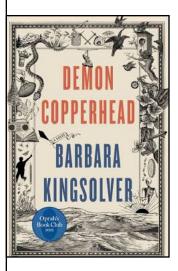
how you use the extendable leashes. I have seen a lot of near misses as the leash is stretched out at full length and people and cars are trying to navigate the area. Years ago I was the victim of a long leash and ended up doing a tumble. Thankfully our pups have places to run that are safe. Lets just try to be mindful while walking our dogs.

DOG TAILS by Nancy Wilder

Dane

Great

### The Joy of Reading by Nancy Wilder



I am thrilled to write about the most recent book I read, Barbara Kingsolver's Demon Copperhead. Kingsolver has written several notable books. Big books that you sink into, getting lost for hours. Books you can remember for years. The new book does not disappoint.

It's a coming of age story based on Charles Dickens' David Copperfield. The setting is southern Appalachia where Demon (nickname for Damon) is born to a teenage drug addict mother. Demon is put in the foster care system and sees the worst of the worst. We follow this young man, with his strength and weaknesses as he grows up. It sounds like a terribly depressing book but its not. Kingsolver's writing has the reader so involved, its hard to put the book down. She brings the people of this area alive and the descriptions of the land are stunning. The characters are so well developed, I found myself rooting for their successes. There is joy and love in the book, but also reality and desperation.

As an aside, my daughter is reading the book too. We do not always have the same taste in literature but she loves it. I see her taking the book with her everywhere so she can get a few minutes of reading in. It's that kind of book. Give it a try, you will enjoy the read.



### **MEDITATION** by Nancy Wilder

The key component of meditation is mindfulness. Mindfulness means bringing all our attention to whatever we are doing. Whether we are walking, driving, biking, breathing or even brushing our teeth.

Recently I came upon an accident on A1A. A bicyclist was hit and killed in a collision with a car. Unintentionally, we were at the scene only minutes after the police arrived. The road had yet to be shut down, the body was splayed on the road, partially covered by a tarp. A mangled bicycle was on the ground. The police were frantically trying to secure the area. A van was pulled to the side of the road. It was a very emotional scene. A man had died and the driver of the van was hysterical, trying to comprehend what had happened. The air was thick with the feeling of tragedy. This has happened several times on A1A.

Are we being mindful? Focusing on the task at hand? Not trying to remember what to get at Publix or what time the appointment was? I was talking to neighbors at least twice this week, when I realized we were standing in the middle of the road outside the card room and at the intersection of Compass Cove and Osprey. Cars and carts were navigating around us as we mindlessly chatted away. I was so thoughtless of my behavior.

OR has drivers, cars and carts, and bikes of all capabilities. And we have children. Please drive slowly and in the appropriate lanes. We have so many walkers on the roads. And to our OR pedestrians, don't do what I did. Pay attention where you stop to visit. Give our cars and carts a safe place to drive. Let's all try to be more mindful of our own safety and the safety of others.



#### BOCCE

Competition continues every Tuesday and Wednesday morning between 9:00-12:00. Come watch and have fun! It is a great game played by great people!



Photos by Barb Goodman



ZUMBA with Carina!! T&Th 8:00 AM

### MINDY'S PISTACHIO BREAD by Barb Goodman

A very popular dessert at many of Ocean Resorts' dinners is Mindy Cline's Pistachio Bread. I first tried this at our 2022 Thanksgiving dinner and can't wait to have it again! It was so good that I asked Mindy if she would share her recipe with the rest of us. Given the sweet person she is, she readily gave me a copy! ENJOY!

Ingredients: 1 box yellow cake mix

2 (34 oz) boxes Pistachio instant pudding 4 eggs 1/4 cup vegetable oil 1/8 cup water 1 cup sour cream 3 Tbs. Sugar 2 tsp cinnamon Icing:

2 cups powdered sugar 1 Tbs. melted butter

1 tsp. almond extract

1 tsp vanilla extract

### Directions:

- Preheat oven to 350 degrees
- Mix all ingredients except the cinnamon and sugar.
- Grease 2 regular size loaf pans.
- Sprinkle the cinnamon and sugar on the bottom and sides of the pans.
- Pour half of the batter in each pan.
- Bake at 350 degrees for 45 minutes
- Mix icing ingredients, adding a few tablespoons of milk until it is the consistency you like.
- Drizzle icing over the bread and sprinkle with chopped pistachios.

### **2023 OCEAN RESORTS TALENT SHOW**

TUESDAY, MARCH 14 2:00 pm At the clubhouse/pavilion

### laugh/sing/dance/jokes

JOIN THE SHOW OR JUST COME AND WATCH AND ENJOY!!

We need acts and help. 10 acts are needed to produce the show.

To sign up and be a part of the program, see Joni Jones 817/271-8414 or Delton Jones 817/247-7515

1 dress rehearsal Monday, March 13

Don't forget about the Ocean Resorts' website:

www.oceanresortsco-opinc.org

The daily schedule is posted and an activities calendar for the season is available. You can find information about sales and rentals, committee chairpersons, News for You updates from our manager, Donna, and much more. If you need the password for the shareholder section, please call the office.

OCEAN RESORTS ISLAND TIMES STAFF Editor - Barb Goodman Staff - Sharon English, Elizabeth Flaherty, Bill Howe, Kathy Jankovic, Lee Koesema, Linda Smolarek, Jim Thorpe, Nancy Wilder

If you have ideas for articles, please email <u>bgoodman@me.com</u>