JANUARY, 2021

OCEAN RESORTS ISLAND TIMES

OCEAN RESORTS' FAVORITE MAILMAN, JIM OSBOURNE, RETIRES! Interview by Sharon and Tom English

We will bid a fond farewell to our special mailman Jim Osbourne this month. Jim has been delivering mail to the island and Ocean Resorts for 15 years and 9 months. His total years of service to the USPS is 36 years and 16 days. Looks like he has the days counted down! He told us one of the younger mail carriers asked how he got the island route. Jim said it took 20 years of being a good worker and moving your way up to get the island route.



Jim is a native Floridian, born and raised in Ft. Lauderdale when it was a still a small town. Jim comes by his postal service through his mother, one of the first female letter carriers. His mother encouraged him to join the postal service for its good benefits, after he had an accident working in marine construction. Jim broke his back and was paralyzed for 8 days. Sounds like his mom gave him good advice. Jim's wife is also a letter carrier with 3 years to go before she can join him in retirement.

Jim shared his age of 62 and his family history of short longevity amongst his seven siblings. This influenced his decision to retire now and enjoy his love of fishing, hunting and using his airboat. Jim and his wife eventually will move from their home in Port St. Lucie to the 7 acres he bought in Inverness, FL, where he will use his airboat. He is the father to 4 sons and has two granddaughters born in March and October of 2020.

We asked Jim if he had any special memories or funny stories of Ocean Resorts residents. He recalled Norm Palmer telling him one line jokes daily for a couple hours without repeating a joke. Norm would come back the next day telling all new jokes. Another story involved residents not picking up their mail daily and Jim frustratedly told Joe and Pat Harding that he wished people would pick up their "damn mail". So Joe got his bullhorn and rode through park announcing, "Pick up your damn mail at the post office!" And of course he mentioned Ida Smith! I'm sure he could have told dozens more stories.

Ocean Resorts residents sure have been lucky all these years to have a conscientious carrier with a personal touch. He has been so helpful to us and I'm sure to all in our community. Jim thanks the people in Ocean Resorts for being so appreciative, courteous and generous to him over the years. God bless and good health in your retirement Jim.







NEW YEAR'S EVE FIREWORKS by Mary and John Dombro

BANG! WHOOSH! CRACKLE! Those sounds could be heard on the evening of December 31, 2020. The sky above the ocean was glowing with the fireworks donated by numerous Ocean Resorts' shareholders and renters. Thanks to, John Dombro, Ken Dombro (our pyromaniac son), Evert Eklund and Tom Starr who dazzled us with this colorful show. There were so many donations made to make the ringing in of 2021 possible.

You know who you are, and your generosity was greatly appreciated.





BOARD OF DIRECTORS' PRESIDENT'S REPORT by Gary Gardiner

Welcome to the snowbirds that have been arriving for the winter. Although the temperatures haven't been quite warm enough to enjoy the beach and pool, it's better than the snow and cold up north. There is so much to do here in our little piece of paradise in spite of the Covid restrictions; fishing, kayaking, Art in the Park, tennis, bocce, mahjong, board games and more. Together, we can make the 2021 Season an enjoyable and fun one for everyone.

The OR Community has done very well with containing Covid. Let's all keep wearing our masks in public buildings, ie: Post Office/Library, office, game room, club house and comfort stations, and by practicing "social distancing.

I want to remind everyone to have their votes in for the election of the Board of Directors by **February 6 at 2:00**. There are five Shareholders running and three will be elected. If you haven't signed up for Electronic Voting, please consider doing so. There are still mailed Paper Ballots for those who prefer them. Either way, **VOTE!** There seem to be over 100 Shareholders that often don't vote. This is your community and your voice should be heard. Many items we vote on need a quorum to pass and without a majority of voters, a quorum is difficult to get.

The Board of Directors is looking forward to another productive year for the OR infrastructure improvements and maintenance, and will make it a priority to resolve some of the conflicted and antiquated By-Laws and Rules and Regulations.

Have a wonderful 2021 Season!

ACTIVITIES COMMITTEE by Sandy Jenkins

The Activities Committee has had only one Hamburger & Hot Dog Roast so far. We are planning another one for February 17th. Also in February, we are starting BINGO on Tuesday nights using paper cards with markers (masks are a must). Watch for more information on the bulletin boards. We also need volunteers to help call Bingo. If you can help, call Kathy at 312-350-5298.





We postponed the Poker Run and Chili lunch to a later date. We are hoping the virus numbers get lower and we can get back to normal and have more activities.

Check posters on bulletins for dates and times for all activities.



BOCCE COMMITTEE by Mary Dombro and Lucy LeClair

The ongoing pandemic has reduced our bocce teams to only eight this year. We sure do miss our past players whom, understandably, either have canceled their winter visit to Ocean Resorts this year or have chosen not to play. I must congratulate our current players who come prepared by wearing masks and keeping socially distant and yet, are having fun. Unfortunately, due to some current health issues, we have decided to curtail the bocce games for two weeks and hope to resume them on February 10th. Please check the Post Office and bocce bulletin boards for further notices.

BEAUTIFICATION COMMITTEE by Mary Dombro

Just a reminder that the Chicken BBQ, scheduled for the end of February, has been canceled this season. The group, The Sophisticats, who were willing to play music for us, has graciously accepted this year's down payment towards their services on Saturday, February 26, 2022. We hope to continue our annual tradition next season and cook chickens on our newly refurbished barbecue.

Thank you to all the wonderful volunteers who helped to take down Christmas decorations. The saying, "many hands make light work," was certainly true during this Saturday morning activity.

LET'S EAT OUT by Sharon English

"TICKLED with new restaurant "PICKLED"



"PICKLED" 201 North Second Street Fort Pierce, FL (772)-448-4239 Pickledinthefort.com Lunch and Dinner Happy Hour 4-6pm

We recently decided to try the latest restaurant in Fort Pierce, "**PICKLED**"! It's located on the corner of Avenue A and Second Street (former Karen Kane). "**Pickled**" is very open inside with casual but chic decor, wooden tables, black and white chairs and high airy ceilings. There is a feeling of light and openness with the former big display windows. Enough of decor, what about the food?

We had 3 appetizers and drinks at half-off price because it was Happy Hour 4-6 pm. Our appetizers were delicious and plentiful enough to make a meal. We shared a wonderful large crab cake (real jumbo lump crab), Wagyu beef slices, and gnocchi with rock shrimp in pea soup broth. Our waitress was very friendly and knowledgeable.

The chef is formerly of 121 Tapas and the quality and menu reflect his previous experience. All seating is inside but go early as "Pickled" restaurant is spacious. We will be back!



WHO DOESN'T LOVE A DOLPHIN?? Nature at OR by Linda Smolarek

At OR we are lucky to have roughly 1000 dolphins living in our lagoon. They are known as the Indian River Dolphin, one of the nearly 40 species of dolphins.

Dolphins are found in nearly all-aquatic environments in temperatures ranging from less than 0 degrees C to more than 30 degrees C. Scotland is home to the most northerly pod of bottlenose dolphins in the world.

Growing up as fans of "Flipper" we know dolphins are extremely playful and curious animals, living in groups that hunt and play together. They can recognize up to 60 words and like bats, use echolocation to find food and navigate. Dolphins also have a unique way of sleeping, resting one side of their brain at a time. They have the ability to turn off half of their brain to rest while the other half stays alert keeping an eye open out for their pod.

Dolphins are part of the family of whales that include orcas and pilot whales. They are carnivores eating fish, squid, and crustaceans. A typical 260 pound dolphin eats about 33 pounds of fish a day, head first so the spines don't catch in their throat. When hunting, dolphins produce bubbles to herd their prey to the surface using a hunting technique called 'fish-whacking', where they use their tail to hit fish and stun them making them easier to catch.

Gestation for bottlenose dolphins is roughly 12 months and after birth, dolphins are surprisingly maternal. They have been observed nestling and cuddling their young. They have no sense of smell but with their acute eyesight and excellent hearing, they have few natural enemies. Humans are their main threat. Noise pollution can severely interfere with their ability to communicate, reproduce, navigate and find prey.

Our local Harbor Branch Oceanographic Institute conducted research on the Indian River Dolphins. Using satellites, scientists found dolphins leave the semi-salty lagoon at night to hit the ocean waves. They take nighttime jaunts out into the ocean or sometimes more than 12 miles up into freshwater rivers and creeks. But their ventures into fresh water aren't for long; the fresh water would harm their health.

There are many stories of dolphins rescuing people, especially from shark attacks. So while on land a dog may be man's best friend but in the sea, perhaps it's the dolphin?



Image from Illumina.com



MARINA COMMITTEE by Andy Stanish, Dockmaster





Hello Island Times from the Marina,

There are not many

boats and fishermen as compared to last year in OR. This is why we have cancelled the annual February Fishing Tournament, (It would not be fair for me to win all those trophies!!).

We still might have the hot dog/hamburger roast in March and give out something for the biggest and best fish tale. Come on down to the marina at night and see the new Fish Light that we had a good time installing.

The fishing report is a slow one. The cold fronts have slowed the bite, and on the few nice days some bluefish have been caught on the beach and mackerel out further. The River fishing has been off, as I can not find the Sea Trout and seem to only catch Ladyfish, Jacks, Lizardfish and sharks (like the

little Bull Shark pictured). I'll keep fishing because what is the old saying, "A bad day fishing is better than...."? See you on the water!







MAKING A SPLASH! - POOL NEWS by Kathy Jankovic

The Ocean Resorts pool is known as the best pool on the island. Your help is needed to keep it that way. Nitrates are the enemy that causes algae buildup. Sweat, urine and feces cause nitrates. Excessive nitrates contaminate pool water resulting in pool closures. There are easy ways to minimize contamination. FREE, WARM SHOWERS are the first line of defense.

- 1. Even if you have recently showered at home, shower before you enter the pool. Wet skin doesn't absorb chlorine and it is less drying to your skin. If you have been tanning or just sitting in the sun, shower to remove sweat before you use the pool. *No soap or shampoo is permitted at the showers.*
- 2. Sunscreen is most effective when you apply at 15 to 30 minutes before you go outside. Applying it at home gives it time to protect your skin. Lotion absorbs into your skin and does not wash off as easily as when you apply it and then jump directly into the pool.
- 3. Use the restroom for your toileting needs. *Do not pee in the pool.* Child or adult swim diapers only prevent solids from getting into the water. Urine or diarrhea will seep through swim diapers.
- 4. Keep the water jets positioned as the pool company has set them. Adjusting jets to massage your sore muscles changes optimal circulation making chemicals less effective.
- 5. Glass containers are NEVER allowed in the pool area. Violators are subject to fines.
- 6. Per rules & regulations Article II -D.1, pool temperature is maintained between 81 to 84°F. Warmer temperatures cause algae buildup. Several people check the pool temperature at different times during the day. If your body is warm, the pool WILL feel colder. Showering will help your body adjust to temperature differences. The pool will not be covered this season due to lack of volunteers to cover the pool and insurance concerns.
- 7. A WARNING A You will soon need your fob to enter the pool.
- 8. Per county regulations the pool closes at dusk.
- 9. Please note that the pool is under video surveillance.

THE JOY OF READING by Nancy Wilder

I was browsing in the OR library recently and I was impressed by the organization of the books. And there are a lot of books! The person doing all this sorting and filing of books is Cathy Moon. It seems Cathy has been volunteering in libraries since grammar school, pre Covid restrictions, she volunteered at the Fort Pierce library for over twelve years.

Our library has come a long way. When Cathy and her late husband Jim started coming to OR in the seventies, the "book exchange" was a couple of shelves of paperbacks in the club house. Around 1991, comfort station #1 was converted to the mailroom and there was finally room for more books. Some bookcases were built by neighbors, others were begged and borrowed. Setting up the library was an epic event as there was no a/c in the building. Cathy and her helpers could only last an hour or so at a time. But it got done and we reap the rewards.



Cathy, with her years of experience volunteering in libraries and being a very organized person in her own right, worked hard on this project. Twenty something years later we have hundreds of books, with more arriving daily. Categories include paper back and hardcover fiction (shelved separately of course). Non fiction including books on history, self help, politics, biographies, sports etc. Thanks to the suggestion of a former young resident, we even have a "Kid's Korner". One of the fastest growing areas is the large print section, which was initially helped out by overstock from the Lakewood Library, and a former resident.

In order to keep up with the library, Cathy stops by daily, to sort, file and shelve books that arrive. Some days she picks a shelf and checks the condition of the books or sees if they are in alphabetical order.

Cathy, like many of the OR residents, likes to read the fast moving popular mysteries. Others like a fun romance. There is something for everyone. Although many read on a kindle now, I think there is nothing like a book. With a book, you can "dog ear" a special page, or look back and find out that characters name and most important to me, you can lend that great book to a friend. Take a few minutes one of these days and checkout the the shelves. You won't leave empty handed.

We are fortunate and I know grateful, to have Cathy Moon, with her love of books, caretaker of our OR lending library.

TENNIS by Tom Smith

January's tennis schedule is coming to a close and Marie Reyes is working on the February men's line up and Kathy Moon is doing the ladies. Kathy Smolarek is scheduling ladies afternoon tennis.



If you would like to play, please contact them. The new lights on the courts look great & hopefully won't rust away like the previous ones. A new net for court one has been ordered. Bob Obidinski has bought new balls for the tennis ball machine and a sign-up sheet is posted for the clinic. Also, because of the COVID virus, this year's tournaments and the season year-end party have been canceled.





ART IN THE PARK by Cibby Gardiner

We had fun Tuesdays in January with more to come in February. You all will want to come on February 2nd when Sheila Delson will show us how to be organized. Who doesn't need this workshop??!! Sheila has been in this business for over 21 years and hosts workshops and seminars worldwide. How lucky are we to have her right here in OR?! The sign-up sheet will be inside the Post Office.

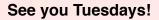
On Tuesday, February 9 Kathy Jankovic will show us how to make soda bottle, whimsical, decoupaged fish. These are really fun and will make anyone smile.





More great things will be happening every Tuesday from 10-noon at the pavilion. Check out the P.O. bulletin for each week's project and sign up sheet. All are welcome!!!













I'm meditating about gratitude as this year begins. Things have changed in the past twelve months. Health, economic, and political turmoil have resulted in altered lifestyles. From brewing the morning cup of tea or coffee, to walking the dog on the beach, little things are more appreciated. I sit with my coffee in a sunbeam on most mornings. The sun hits my chair just right and I am aglow. Its warm and light and I take a second to be be mindful. Later in the day, many of us randomly meet at the post office, or on the boardwalk in the late pm. I'm grateful for the people I meet and chat with, the dogs I pet, and the beautiful plants and flowers my neighbors care for in the common areas. I pause and say a prayer for the residents and staff working the trash truck, the landscape people, Jim, our wonderful mailman. All the people that help so much will be appreciated more this year. Every time I leave the house I want to focus on being grateful. My eyes will be open for goodness.

These are tumultuous times, but we can find our purpose, stability and flow. There is opportunity for so much joy and beauty. Go outside , look around, smile at your neighbor.

Please join me in appreciation and gratitude for our blessings.

YOGA by Nancy Wilder

Yoga is still on hold at Ocean Resorts. The pandemic has been with us for such a long time. I remember late last February, when we first started to maintain "social distance". And then the masks...who would have ever imagined there would be a market for designer face masks...to match your mood or outfit. Now with the distribution of vaccine, there is hope. Several people at OR have been inoculated and the many of us are on wait lists. I hope that before the season ends we can resume a safe community yoga program.

But you can still keep in shape. Try balancing on one foot as you stand at the sink. Keep a four pound weight by the phone and do

arm lifts as you talk. Raise your arms to the sky and stretch that body, walk everyday outside and breathe deeply.

And remember, there are great yoga routines to follow on you tube, which you watch on your tv or computer.

Namaste

LOOKING BACK AT SOME HISTORY OF OCEAN RESORTS

Information included here was taken from the Ocean Resorts History website, <u>historyor.com</u>, which was developed by John and Carolyn Leaman. The idea of creating this history originated with Shirley Burlingham, who was very active in the evolution of Ocean Resorts as well as the emergence of the North Beach Association of North Hutchinson Island which she headed for many of its formative years.

Thanks to John and Carolyn for the intense research they completed to develop the OR History website.

BRYN MAWR CAMPGROUND May 10, 1971 Bryn Mawr acquired title from ULTRAMAR for the area now occupied by Ocean Resorts CO-OP, a 2 acre County Sanitary facility, and the Byrn Mawr Condominium units. Actually Bryn Mawr, a girls school just outside Philadelphia, Pennsylvania, established 3 campgrounds in Florida. The first development was a campground in the area that eventually became Ocean Resorts. Originally It was strictly a campground with tent and trailer camping.

February 29,1980, Bryn Mawr separate the campground and established the Ocean Resorts cooperative. Several years later they established the Bryn Mawr Ocean Towers Association that led to the condominium lower development in place today.

These photos were given to the Island Times editor by Judy Smolarek, whose family, and husband, Dave's family, have a long history at OR. Thanks Judy!

Dated April 1990









OR TELEPHONE DIRECTORIES by Pat H. And the Activities Committee

We will be selling O.R. Telephone Directories, at the Post Office, on Tuesday's and Thursday's, 3 to 4 p.m. The Directories are \$2.50 each. If you need a Directory at another time, please call Pat H. at: 269-849-5772.

This sale is a project of The Activities Committee. The staff in the office has been kind enough to also sell these for our Committee.



It's easy to help Children Miracle Network kids by saving pull tabs from aluminum cans. The tabs are donated to help fund Ronald McDonald Houses. There is a container inside the post office to collect pull tabs. Drink up & help kids facing critical illnesses. Thanks for helping. Kathy J. - Lot 118



WATER AEROBICS

Daily Monday - Saturday 9:00-1 0:00 AM

For ladies and gentlemen All ages!! Weather Permitting



The Ocean Resorts Annual Golf Tournament will be held February 10, 2021 at Fairwinds Golf Course, during "I Love Ocean Resorts Week". This is a 2 person best ball. There will be male and female teams, with prize money in each group. The cost is \$55 if you are a card member and \$60 if you are not. Contact Jim Buysse if you would like to join in 309–314–2512.





BINGO:

The activity committee has discussed the possibility of bingo this season. We need to know if residents are interested in attending bingo. There is an interest sheet at the post office.

Due to Covid concerns, bingo would look different this year.

1. Bingo would be on Tuesday evenings only.

 All participants MUST WEAR MASKS at all times, covering nose & mouth. If you do not choose to wear a mask, don't participate.
Disposable paper cards will be provided as there is no way to properly sanitize the cards we normally use.

4. The Clubhouse will be set up with social distancing guidelines.

If you are interested in attending bingo, please leave your name and contact information on the sign up sheet located at the post office. Check the O.R. website, post office or group email for further updates.

Ocean Resorts Island Times Staff

Editor - Barb Goodman

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