



ISLAND TIMES October/November 2021

MANAGER'S REPORT by Donna Perez, CAM

Good Afternoon Shareholders,

I hope all is well and everyone has enjoyed their summer. Fall has quickly arrived and many of you are making your way back to Ocean Resorts. We surely hope to see more of you this year; last year was a bit quiet. Just a friendly reminder to stop in the office and let us know you are here so we can update your address on record.

We have had a few issues during trash pick-up over the last few weeks. There has been some homes that have had excessive trash/debris outside such as drywall, doors, flooring, etc. These items, even when broken down, can not go into the truck. The hydraulics are struggling to keep up with these items. Any construction debris needs to be taken to the landfill by the contractor or shareholder.

During pick up a few weeks ago while on Galley Way, the guys were compacting the truck and noticed smoke. There was a fire in the back of the compactor! Thankfully there was a shareholder's home that had a hose nearby. Scott and Ralph were able to act quickly and submerge the fire right away. I would like to use this as a reminder not to throw any hazardous material away. Had this gone differently, the truck could've ended up engulfed in flames and homes could've been affected.

Lastly please remember that all household trash needs to be in bags before being placed

in the can curbside for pick up. We pick up on Monday, Wednesday and Fridays. Please put your trash out as frequently as possible. The guys have been battling tons of maggots and roaches as many shareholders are not bagging their trash and are letting it sit outside for days. **Any household trash that is not bagged before being placed in the can will not be picked up.**

The palm tress are scheduled to get cut the second week of November. They were originally scheduled for September and unfortunately the company is behind due to Covid and staffing issues. Our tree company is not the only one struggling. I reached out to a few other companies and all of them seem to be 3-6 months behind schedule due to staffing shortages and people out from the virus. I do apologize for this inconvenience, but some things are beyond our control.

Any committees that will be having events this year, I ask that you please call the office and speak with Luann or Maria about scheduling and getting them put on the calendar. The 2021/2022 phone directories are complete and available at the office, the cost remains \$2.50. All proceeds benefit the Activities Committee.

We are nearing the end of hurricane season (November 30th), and once again have been spared. If you have made your way back to OR and are living in your home, please take your shutters off. It is a fire hazard to keep them up while you are in the home.

I hope all stay well and those who are traveling stay safe.



PRESIDENT'S REPORT by Jim Buysse

Fall is here, and Becky and I have returned to our paradise at Ocean Resorts. The park looks great as the maintenance guys have done a great job of painting and cleaning up.

Hopefully this year we can return a little bit back to normal and to more OR activities. The park is filling up fast as more and more of us snowbirds are making the journey back. I hope everyone has a safe and uneventful journey back, and we are looking forward to seeing you all at the next OR activity.

ACTIVITY COMMITTEE by Sandy Jenkins, Chairperson

The Activity Committee is anxiously looking forward to having our activities this season starting with a Potluck Thanksgiving Dinner and a Potluck on Christmas. We will have our first Flea Market and Hot Dog/Hamburger roast in January. We are starting to plan other activities and will let you know about them later. We hope to see everyone soon!



BOCCE by Mary Dombro and Marie LeClaire

We hope to have another successful bocce season this year. Sign up sheets will be posted inside the Post Office, on a clipboard, around the second week in December.

Bocce begins the week of January 10, 2022 and lasts for nine weeks. No special skills are needed, just a willingness to have an enjoyable time! We're looking forward to seeing our regular players and new faces too! Subs are always needed too. If you will be a late arrival to Ocean Resorts, you can email us and request a placement on the list: mawdombro@hotmail.com

YOGA by Nancy Wilder - Yoga has been a weekly offering at Ocean Resorts for many years. The classes have included men and women, young and not so young, and we had fun. This coming January, we hope to return to yoga practice. I have spoken with Julie, our instructor before COVID changed our activity calendar, and she is ready to join us. Details are being worked out as to day and time, inside or out. So dust off those mats, breathe deeply and clear your mind. It's almost time for those stretching and balance poses.

MAKING A SPLASH - POOL NEWS

by Kathy Jankovic

Four new pool heaters have finally arrived and the installation date is sometime in November. Delays were caused by shipping issues and lack of staffing with the installation company.

New white tables and chairs are forthcoming. Please help keep them clean by wiping spills and debris.

Some friendly reminders:

1. Shower before entering the pool. That keeps your skin from drying out & helps the chemical balance in the pool.
2. Glass is never permitted in the pool area for safety reasons.
3. Smoking & pets are prohibited in the pool area.
4. Prevent sunburns. Sunscreen is most effective when you apply it 15 minutes before you're outside. Make a habit of applying it before you leave your house for the pool or beach.



SOCIAL COMMITTEE

by Donna Comolli



We hope to have the Western Dance in January with the band Whiskey Six playing.

The Luau is scheduled in March. Everything depends on the status of Covid and what things are open.



The Social committee will be meeting soon to make more plans.



BEAUTIFICATION COMMITTEE

by Mary Dombro

Our annual Christmas decorating of the park entrance and center islands is scheduled to take place on Saturday, November 27, 2021.

Light Up Night will occur the following weekend. Look for dates and times on the Post Office bulletin board in November. We can always use extra help to get this task completed. Our committee members certainly appreciate your assistance.

TENNIS COMMITTEE by Tom Smith

It is still a little quiet on the Tennis Courts here at OR. We are looking forward to an active season. Three tournaments are scheduled and hopefully the Tennis party will finally take place.

There have been issues that still need to be addressed this coming season with the court lighting. The new lighting installed last year failed to do the proper job. Playing at night has caused some injuries. Hopefully that will be resolved in the very near future.

Sadness has been felt by all saying goodbye to our dear friends, Andy Bonetti and Muriel Pascoe.



Andy was loved by all and did so much to keep our tennis community together. He started the OR Tennis Clinic, planned tournaments, worked at the Pancake Breakfast and always looked forward to the 'after' tennis parties. Andy will be truly missed. We send our love and prayers to his beautiful wife, Betty, and family.



Muriel Pascoe rented in OR for many years. She was a wonderful tennis player. Her personality was colorful and full of fun. She encouraged each of us to play to the best of our ability. We will miss her and are sending our condolences to her family.

R.I.P. ANDY BONETTI by Bill Howe - Most of Andy Bonetti's friends were shocked to hear of his late term medical issues when he wrote his farewell notes to close friends and family in mid-September, just days before he passed. But wasn't that just like him? His note was brief, to the point, yet with an accepting assurance. Andy, it seemed grieved more for those of us who would miss him with his dire prognosis than he would ever lament for himself.

A sampling of the many comments posted online and to the family included these heartfelt words:

- Loving husband to Betty, married 62 years.
- One who "tirelessly promoted tennis and always tried to interest newbies in the skills and ethics of the game".
- Courageous, ever kind, thoughtful and classy
- A strong man who "did it his way".
- Loving, generous and God-loving man who made a difference
- With a "great smile and personality".
- A delightful, dear, and precious friend.
- Wonderful neighbor with an open-door policy to his home
- Champion on and off the tennis courts who sponsored many traditional clinics and tournaments.

Yes, he was a man who spoke softly and reverently of his faith, while his life proudly echoed his principles and beliefs. If Andy were here now, for the reading of his eulogy to those he touched, I am certain that he would break out in a smile and simply invite us all to join him and Betty on their front porch for a glass of wine and light conversation.

MEDITATIONS by Nancy Wilder

I am sharing a “to do” list I read recently from the Kripalu Center for Yoga and Health. Just a few minor habit tweaks in caring for yourself:

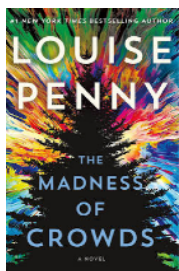
1. Go to bed before 10pm. Science has concluded that we get our most restorative sleep before 2am.
2. Eat seasonally. Nature gives us the antidote to each season. Seasonal food is our medicine.
3. Cook your food. Enough of this raw stuff. Make soup and/or stew.
- 4 .Get outside everyday for as long as you can. Get back into nature, engage your senses, listen to the birds, the ocean, the wind. Smell the rain, the wind, the earth.
5. Meditate a little bit each day. It doesn't have to be a lot. But take a few minutes each day to check in, get quiet, generate gratitude and just be a human being.

6. Follow the 80/20 rule. Eighty percent of the time, treat your body like a temple. Twenty percent of the time, treat it like an opportunity, life is to be enjoyed.

7. Make lunch the bigger meal of the day. You need that food for fuel for the afternoon. Eating a big meal at dinner and lying down for hours is rough on the body and prevents it from doing its deepest detoxifying while we are sleeping.

8. Do your focused work in the morning when your mind/body is strongest. Use the afternoon for creative work.

9. Lastly, only do one of the above. Don't try to be perfect. One small change done over time creates sustainable transformation and impact.



THE JOY OF READING by Nancy Wilder

This is a well-timed article, as I just finished reading “The Madness of Crowds” by Louise Penny. Wow, it was a great book. You want mystery, current issues, friendship, honor? This is your next read.

Inspector Gamache (I love him) is going on with his life in Three Pines, along with his neighbors (with very odd personalities). The book is part of a series, but they are stand alone books. If you have time, I'd start with the first book; the reward will be great. The villagers will become familiar friends, even Rosa the pet duck, who quacks F—- occasionally.

The scene is the isolated village of Three Pines, Quebec. Its always snowing and icy cold, but somehow the author makes it seem like the perfect

landscape. The time frame is current. Many have been lost in the pandemic, more are dying and health services are overwhelmed. Each death matters, or does it? The story focuses on eugenics (a philosophy that certain people have more value than others). Are the young and the healthy more entitled to health care? Are the old and/or broken more expendable? Is this a way to ration health care costs? The leader of this movement has unexpectedly come to the village to speak and Gamache is asked to provide security. As expected, the crowds are unruly and shots are fired. Gamache is morally torn in his duty to protect the the young professor leading the movement and his repugnance of the concepts of the philosophy because his beloved granddaughter has Down's syndrome.

This is a thought provoking book, not an easy read, but well worth the time. I think its Louise Penny's best book yet.

NATURE AT OCEAN RESORTS

by Linda Smolarek

Gifts from the Sea - Part One

Who doesn't get excited finding a sparkly piece of sea glass when walking the beach? An unexpected treasure from the sea!

Sea glass and beach glass are similar but come from different types of waters. Sea glass is found on beaches along bodies of salt water. Genuine sea glass can be collected as a hobby and is used mostly for jewelry. Beach glass on the other hand comes from fresh water and has a different pH balance and a less frosted appearance than sea glass.

Sea glass can take 20 to 40 years, and sometimes as much as 100-200 years to acquire its characteristic texture and shape. It is also referred to as "drift glass" from the long shore drift process that forms the smooth edges.

Naturally produced sea glass originates as pieces of glass from broken bottles, broken tableware, or even shipwrecks, which are rolled and tumbled in the ocean for years until all of their edges are rounded off and the slickness of the glass has been worn to a frosted appearance.

The color of sea glass is determined by its original source, with most sea glass coming from bottles. The most common colors of sea glass are Kelly green, brown, white and clear. These predominantly come from companies that sell beer, juices and soda.

Less common colors include jade and amber from whiskey bottles, a golden amber or lime



green from soda bottles during the 1960's, and forest green or soft blue from medicine bottles and fruit jars from the late 19th and 20th centuries.

Uncommon sea glass includes a type of green from mid-1900's Coca-Cola bottles, ink, fruit and baking soda. Purple is very uncommon. Cobalt and cornflower blue from early Milk of Magnesia bottles, poison bottles and Vicks Vapor-Rub can be found. Also, aqua from Ball Mason jars is sometimes found. Extremely rare colors are gray, pink, black and very dark olive green glass. Turquoise can come from tableware and red from old Schlitz bottles. Orange is the least common type of sea glass.



There is less and less sea glass found every year. For sea glass collectors, this may be a bad thing, but for everyone else, this is actually a win. Many people believe this is happening as a result of anti-littering efforts. So

maybe consider when you are done enjoying your sea glass, take a walk down the beach and return it to the sea so the next generation of beach walkers can enjoy the delight of finding a treasure from the sea. It is sort of a reduce, reuse, recycle kind of idea.



ART IN THE PARK by Kathy Jankovic

A BIG THANKS to Cibby Gardiner for creating the **Art in the Park** tradition. Cibby will be taking a well deserved break this year. Allison Alvandian and Kathy Jankovic will be co-coordinators for the 2022 season. Meetings start in January. This year they will be on Mondays from 10:30-12:30 at the Pavilion. Most activities are free and supplies are provided.

Each leader will post flyers throughout the park for each activity. The flyer gives you all the information you need, description, supplies, and cost, if any, is usually under \$5.00. The only thing we ask is that you sign up in the post office ahead of time. This will ensure we have enough supplies for you.

Everyone is welcome. We are still looking for leaders for some dates. Think about sharing your talents with others. It's a great way to meet others & learn some new skills. Contact Allison Alvandian seabluffmanor@sbcglobal.net to be a leader. Contact Kathy at Jankovickathy@gmail.com for other questions.

ART IN THE PARK 2022

- 1/10 OPEN
- 1/17 Sheila Delson - Organizational tips and ideas
- 1/24 Kathy Jankovic - Bread in a Bag (Clubhouse)
- 1/31 OPEN
- 2/7 Valentines project (**Start saving wine corks**)
- 2/14 No activity; celebrate with your sweetheart.
- 2/22 Shelia Delson - review of project from 1/17class
- 2/28 Sharon English - Giving Back Day (no-sew blankets)
- 3/7 Marion Stark & sister - project TBD
- 3/14 Allison Alvandian - project TBD
- 3/21 Susan Ertel - Leis for the Luau
- 3/28 Christine Unger - shell wind chimes

MARINA COMMITTEE by Andy Stanish, Dockmaster



Hello OR Family from the Marina,

The marina will be ready this season with some upgrades to the ladders and grab poles. Come on by at night and see the Snook around the underwater light. Fishing has been slow, other than the mullet run action and beach Mackerel and Jacks. Tarpon and Sharks were thick on the mullet at the beach for a week or so. Now the mullet have made it into the river and the fishing is picking up, as Luxy LeClair shows us with his fat Redfish caught just outside the marina in his kayak. See you soon!!



LET'S EAT OUT by Sharon English

This list is made up of local restaurants I have tried and recommend. I am not a food critic or gourmet, but hope to give new and old residents some restaurant suggestions. I have limited the list to Fort Pierce and Vero Beach because that's primarily where we go. There aren't any prices, location or specifics given as this information is so easily accessible online. Please use this strictly as an informal guide to enjoyable dining in our area.

Fort Pierce

Cobb's Landing
Crabby's
Second Street Bistro
The Fort Steakhouse
Thirsty Turtle
Saltfish Brewery
Pickled
Taco Dive
Sunrise Cafe
Captain's Galley
Crazy Fish
Lorenzo's
Thai Pepper
Wasabi Grill and Sushi
S&S Restaurant
Dixie Cream Donuts
La Hacienda Super Taqueria
Cafe Azul
Harbor Cove
Sharkey's
Little Jim's Bait Shack
Dino's
12A Buoy
Chuck's
On The Edge
Angelina's
Manatee Island
Archie's
Pie Hole Pizza
Nino's - King's Hwy.
Mervis Cafe
Tiki - St. Lucie Airport
Pineapple Joe's
One Crafty Wienie
We Be POPPIN
Moon Swiners
Summer Crush Winery

Vero Beach

Mulligan's
Ocean Grill
Cobalt
Bobby's
Waldo's
Citrus Grill House
Riverside Cafe
Pomodoro Grill
The Tides
Casey's
Lemon Tree
Red Onion Eatery
Di Mare's
Trattoria Dario
Johnny D.'s
Havana Nights
Mr. Manatee's
Crab Stop
Kelly's
Too Jays
Green Marlin
Chives
Vero Prime
Sean O'Ryan's
Vincent's Pizza
Sumo House
River Twist
Post and Vine
Baci's
Bonefish Grill
Ono Luau
Kaya Thai
American Bar and Grill
C.J. Cannon's
Italian Grill
Italian Kitchen
Agave
Fishshak
Country Kitchen
Pizzoodles



Sunday October 31, 2021

5pm-7pm

AT THE PAVILION

Bring your own drink and snacks.

Masks/Costumes are encouraged if so desired,
but optional.

Candy will be provided!

Ocean Resorts Island Times Staff

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If you have ideas for articles, please email: bgoodman7@me.com